

Wellesley, Thursday, February 18th, 1904.

## The Western Bank of Canada

CAPITAL AUTHORIZED - \$1,000,000.00  
 CAPITAL PAID UP - 435,000.00  
 RESERVE AND UNDIVIDED PROFITS - 225,000.00  
 ASSETS OVER - 4,450,000.00

### Savings Bank Department.

ARE YOU SAVING MONEY? If so, don't you want your money to draw interest?

Money loaned to relatives and friends often takes wings and flies. As a general rule it is safer and better to place your money in a bank even at a lower rate of interest.

We pay the highest interest on savings consistent with safety. Interest allowed from day of deposit and compounded half yearly.

A GENERAL BANKING BUSINESS TRANSACTED.

W. B. WEST,

MANAGER WELLESLEY BRANCH.

WM. GLAISTER, M. D., C. M.,

WELLESLEY.

GOLD and Silver Menstrual, Late House Surgeon Toronto General Hospital.  
 OFFICE HOURS—To 7 a. m. 1 to 2 p. m. and evenings.

H. HILTS

Dentist  
 Wellesley  
 Will be in Millbank on the second Tuesday of each month.

E. P. CLEMENT, K. C.  
 Barrister, Solicitor, Notary Public, Conveyancer, Etc.  
 Office: 41 Queen St., opposite Public Library  
 WELLESLEY, ONT.  
 Money to Loan or Mortgage of Real Estate

Albion HOTEL  
 JOHN MAYER, PROPRIETOR.  
 WELLESLEY, ONT.

AMERICA'S BEST  
 EDITORIALY FEARLESS,  
 CONSISTENTLY REPUBLICAN.  
 News from all of the world—Well written, original stories—Answers to queries—Articles on Health, the Home, and Garden, and on work about the Farm and Garden.  
 THE WEEKLY INTER OCEAN

Wellesley Stage.  
 Leaves Wellesley for Baden every morning 7 o'clock returning immediately after the fall of the Toronto Express.  
 Passengers and Express Parcels carried. Messages carefully handled with promptness and at reasonable rates. DRAYING DONE.  
 PETER OTTMANN, PROPRIETOR.

### NEW PRUSSIA.

Feb. 18th, 1904.  
 The Debating Society of New Prussia met last Friday evening at the appointed hour of eight o'clock. The President, Mr. Chris. Wegfabrt occupying the chair. The attendance was surprisingly large, many coming from a distance. The subject for debate was "Resolved that country life is preferable to city life." The speakers for the affirmative were Messrs. V. Krampien and J. Hammer, and those for the negative Messrs. J. Balzer and H. Cook. The usual order was dispensed with to advantage in allowing Mr. Otto to give the reply. The subject was approached from every visible standpoint, and though so comprehensive was seemingly quite exhausted. Messrs. Ratz and Hornby acted as judges, and after careful examination of the arguments advanced from both sides, gave their decision in favor of the affirmative. Mr. Ratz congratulated the speakers on their excellent showing, considering it was only their second attempt on a public platform. He also spoke in high esteem of such an organization, encouraging both the young men and the young ladies to concentrate their efforts to make it an entire success. A supplementary feature of the usual programme was a song by Mr. A. Leinweber which was admired. The Committee then arranged for the next debate which will take place Friday evening commencing at eight o'clock, Feb. 26. The meeting then closed with the National Anthem.

ROSK HIDEWATER!  
 Also other hides and skins bought by  
**F. BERDUX & SON**  
 —WHOLESALE AND RETAIL,  
 WELLESLEY, ONT.

Have You Got FEET?  
 If you have, bring them to me. I'll do the rest!

My Spring Stock of  
**Boots and Shoes**

has been purchased RIGHT! (I am a practical and experienced shoemaker); they suit this section; they are the latest styles; they wear well; they will always be comfortable; they will look neat; THEY WILL SUIT YOU!

I have something for the whole family, from the tiniest baby's foot up to the oldest grand-parent's.

Prices?—Oh, yes, they will suit you, too. Your money earns a whole lot for you in my store.  
 Repairing Done, and Shoes made to Order.  
**C. HAMMER,**  
 Wellesley.

60 YEARS' EXPERIENCE  
**PATENTS**  
 TRADE MARKS, DESIGNS, COPYRIGHTS & C.  
 Agents—write a brief and description specifying one thing to be patented. Confidentiality is guaranteed. Commence with free consultation. Cash on hand for cash. Write for a free copy of our book, "How to Obtain a Patent." Write to: **WELLS & CO. PATENT ATTORNEYS, NEW YORK.**

David Rudy  
 Licensed Auctioneer and VALUATOR  
 For the Counties of WATERLOO, PERTH and OXFORD.  
 RESIDENCE.—North and of 16th line, East Zorra.  
 TELEGRAPH POST OFFICE.  
 Orders may be left at the WELLESLEY MAPLE LEAF OFFICE, where dates can be had liberal terms made.

Farm for Sale.  
 Being Lot 10, con. 2, East Zorra, township of Wellesley, one and a half miles west of Wellesley village, on the down line. Farm, comprising well fenced and drained, excellent land, well watered by good spring. Fourteen acres, good bush, sixteen acres more to fall wheat, all well growing down. New brick house, good large barn, barn, driving shed, etc.  
 Terms easy. Apply to the undersigned proprietor at St. Catharines, Ont.  
 JOSEPH DIETRICH.

### ANOTHER COLD WINTER.

The winter of 1891 was noted for being one of the coldest, and, in fact, it was the coldest, one of the century. The coldest day of the winter was Friday, February 25th, and is known as cold Friday. There had been a heavy snowstorm of light fine snow. It cleared off cold, and the wind blew a perfect gale, thus making the cold more fearful. The air was filled with snow so thick that one could see only a rod or two in any direction. Men who were obliged to be on the road perished and were found frozen as hard as marble statues. A very few travellers survived the ordeal. But few had thermometers in those days to tell how cold it really was but what few there were registered 40 to 50 below zero in Androscoggin, and in Aroostook county it was even lower. Portland Harbor and Boston Harbor were frozen over solid. Thousands of the Boston people availed themselves of the fact and the ice on the harbor was covered with skaters. People who remember the cold Friday smile when they hear people telling how cold it is when we have a little zero weather.—Exchange.

### HIDE-BOUR.

Feb. 15th, 1904.  
 Mr. and Mrs. George D. Smith and Mr. Ed. Huehn attended the funeral of Miss Anna Harris, St. Jacobs.  
 Miss Lizzie Deibel, Berlin spent Sunday under the parental roof.  
 Mr. Philip Krantzweizer, our hotel-keeper, is at present putting in a large quantity of ice for the coming summer.  
 Mr. John Justus has lately sold his property in our town to Mr. H. Jacobi, near Erbsville.  
 La. Grippe visited several families of our neighborhood.  
 Mr. Valentine Otterbein Jr. had the misfortune of losing his wind mill by fire.  
 Mr. C. N. Huehn, Waterloo, and Mr. H. N. Huehn visited their mother near Bamberg on Sunday.  
 Mr. and Mrs. O. J. Steiss entertained about thirty of our young folks to a St. Valentine party.  
 We are sorry to chronicle the death of Mrs. C. Schitler who lived about two miles south of our village. The funeral took place on Tuesday at the R. C. Church, St. Clements.

FROM NEBRASKA.  
 O'Neill, Neb. Feb. 10, 1904.  
 Editor Maple Leaf, Dear Sir,—I herewith enclose renewal for the Leaf for 1904, and I also send greetings to my many Wellesley friends. We enjoy the Maple Leaf very much, especially the correspondance, of which the Leaf always has a newsy supply, but never enough for us who live so far away yet love the old home-land.  
 We are having a fine winter here so far, with fine roads and no snow. Cattle are feeding out in the fields and on corn-stalks every day. Shelling corn and hauling it to market is the order of the day with us farmers. People are moving in here from further east rapidly and land is going up in price. I hope my Canadian friends will find the old saying that "a heavy snow fall

makes a rich harvest" will come true next summer.  
 Yours  
 C. S. KENNEL.

### ELECTRIC BYLAW VOTE.

WILMOT AND WATERLOO CARRY, BUT BERLIN AND WATERLOO, TOWNSHIP DEFEAT.  
 On Monday last the towns of Berlin and Waterloo and parts of the townships of Waterloo and Wilmot voted on by-laws to aid the Wellesley extension of the electric railway. The weather was stormy and bitterly cold, and the dozen or so from this village who were working in Wilmot came home at night nearly frozen, but very happy over the following result:

| WILMOT.          |     |         |
|------------------|-----|---------|
|                  | For | Against |
| New Prussia poll | 38  | 1       |
| Josephsburg poll | 25  | 11      |
|                  | 63  | 12      |

This was nearly double the necessary vote and a splendid majority.

Waterloo town, also carried the bylaw by over 100 majority and 23 over the one-third, but there was a "rider" in it making it inoperative unless Berlin's bylaw also carried.

In the Erbsville section of Waterloo township the bylaw fell four short. It was thought that this section had not four votes against the railway.

Berlin was the heart breaker. It looks as if the loss was clearly the result of carelessness on the part of those who had the campaign in charge, for out of over 1500 freeholders they only succeeded in getting a few over 500 to the poll in favor of the by-law. So far as the vote was cast the by-law got a tremendous majority, but the affirmative vote lacked some 58 of being one-third of the full roll, as legally required. It is understood that the by-law will be declared carried, or set aside so that another vote can be taken in a very short time.

### THE BY-LAW NOT LOST YET?

The Berlin electric railway bylaw may yet be declared carried. It appears that last year's voters list was used. This showed the number of freeholders in that town to be 1500; of this number the by-law received 508 votes, being one-third. After the vote the town clerk held that last year's voters list did not apply, but that the last assessment roll of 1903 governed. According to this ruling the total obtainable vote was 1,700, which increased the required one-third to 567, but it also appears that these 200 extra freeholders were practically debarr'd from voting "yes" while they reduced the majority to a point below the one-third mark. The News-Record makes the following logical comment: "The voters list having been used a technicality arises. Two hundred property owners whose names are on the assessment roll, but not on the voters list, are entitled to vote under the Act. Their not doing so for want of knowledge that they should exercise the franchise, though not on the voters list, may cause the carrying or non-carrying of the by-law to be decided upon the list of available names appearing in the voters list of 1903. In this event the by-law will likely be pronounced carried."

### LATEST.

By telephone we learn that the town clerk of Berlin has accepted the voters list vote and made the following official announcement: For the by-law . . . . . 508  
 Necessary to carry . . . . . 511  
 Total vote against by-law . . . . . 388

A meeting is to be held Thursday evening and the Provincial Legislature is to be asked to declare the by-law carried.  
 Try a Johnny Canuck' cigar when you want a really good one.

Wellesley Maple Leaf.

ISSUED EVERY THURSDAY

Office REMOVED (on account of the fire) to the Orphans' Home Building, East End of the village.

Subscription 75c. a year in advance. Otherwise \$1.00.

INDEPENDENT.

EDITORIAL NOTES.

Oh, Berlin, how could you!

And Berlin jilted us, after we had ordered a \$15,000 wedding trousseau!

Wilnot was ready to be bridesmaid.

Say, Linwood, is there any hope for us up your way?

It was't the "labor vote" that did it, but the labor of getting out the "necessary one-third" votes proved too much exertion for the Berlin campaign committee.

Berlin can't carry by-laws with big banquets.

Perhaps Berlin was afraid Wellesley merchants would catch all their trade.

Sixteen cents in the \$1,000 didn't worry Berlinites. But the time spent in going to the voting place and back made it too long between two lagers for them.

Wonder how Waterloo feels?

When the vote on the railway bylaw in Berlin was counted on Monday evening it was at first thought it was carried as there were 508 votes cast for it and only 1500 freeholders on the voters list; this would give the one-third vote. But the town clerk informed them that it was necessary to have one-third of the 1700 names on the new assessment roll. Thus 200 voters stayed away from the polls not knowing they were qualified to cast a ballot. On this ground the intention is to appeal to the legislature to declare the by-law carried, especially as all the other municipalities (except one small one) have carried by-laws for the same purpose.

But the Berlin campaign committee have yet to square themselves. Why did they not get out more votes? "They succeeded," says the News-Record, "in getting out 508 votes and believed all requirements had been met." That was their fatal blunder; they were not justified in stopping. All requirements were not met until they got in the last possible vote before the polls closed. The Wellesley committee would have rustled in every one of those 200 votes as tendered ballots, if there was time before five o'clock. The other municipalities are certainly feeling sore over the apparent laxity of Berlin's workers.

Sifted down, the Russia-Japan trouble arose something like this: Russia wants a naval port on the Pacific which will be open summer and winter. Not having such a port in her possession she began operations to absorb Manchuria, and probably Korea, by running the Siberian railway south to Port Arthur. Japan steadily opposed this expansion of Russia, as a violation of treaty, and appealed in vain to the Powers to join in preventing Russia from advancing in this threatening manner. The Powers, while agreeing with Japan's intentions, appeared unable or unwilling to publicly interfere, so Japan took the matter in her own hands and dealt with Russia direct. For nearly a year past the two nations have been discussing the matter, but Japan being unable to get satis factory replies, finally sent an ultimatum to Russia. To this Russia

tried to escape with more evasive replies. But it was no use. When the time set in her ultimatum was up Japan promptly sent her vessels to Port Arthur and in a few hours virtually destroyed Russian navy. There is every indication that the war will be sharp, decisive and short, and will end in Japan's favor.

An exchange complains that hockey is ruining the young men of Canada. Nonsense. That's one of the ways in which Canada produces the combination of Brain, Brawn and Business. Hockey develops pluck and courage, and persistence and confidence; it fills the country with the stuff that makes South-African heroes; it floods all branches of industry with that famous get-there element called—Young Canadians. You find them in every post of honor and responsibility. We're all proud of them. In summer lacrosse and foot-ball, and cricket and tennis go hand in hand with the hardest work and studies; and in winter hockey helps in the work of turning out men that are men, men of the kind that the world always needs and makes room for. Keep the games honorable: young Canada will do the rest.

George Adam Bowman of Northfield Centre celebrated his 98th birthday on Wednesday last. He was born near Niagara and can remember well the war of 1812, telling many interesting stories in regard to it. He has lived on the same farm for seventy years, settling there when that part of the country was covered with woods. There were one hundred present at his birthday celebration, all relatives, including five generations, the youngest being Florence Almost. Mr. Bowman still has use of his faculties and limbs.

By-Law No. of the Township of North East-hope.

To Raise the sum of Two Thousand Dollars for the purpose of aiding, by way of bonus, the Berlin, Waterloo, Wellesley and Lake Huron Railway Company, and to authorize the issue of a Debenture for that purpose, and to Provide for Payment of such Debenture by an Annual Special Rate to be Levied upon a Portion of said Township herein described.

WHEREAS by an act of Parliament of Canada passed in the third year of His Majesty's reign and entitled "An Act to Incorporate the Berlin, Waterloo, Wellesley and Lake Huron Railway Company," power is granted to construct and operate a line of railway of the gauge of four feet eight and one half inches from any point in or near the town of Berlin in the County of Waterloo, to the town of Waterloo, thence in a north-westerly direction through the County of Waterloo to Wellesley Village, in the township of Wellesley, thence to Glen Allan, in the County of Wellington, thence in a westerly direction to Listowel in the County of Perth, and thence to Goderich, in the County of Huron;

AND WHEREAS it is proposed that the said act be amended, and that the said power be exercised, and that the portion of the Township of North East-hope hereinafter described, and charged with the payment of the said debenture, and securing the construction of the said railway;

AND WHEREAS a petition has been presented to the Council of the Township of North East-hope expressing the desire to aid the said railway by granting a bonus of Two Thousand Dollars and defining the portion of the Township to be charged as hereinafter particularly set forth; such petition is signed by the freeholders residing in such portion of the said Township, all of whom are duly qualified voters under the Consolidated Municipal Act, 1903;

AND WHEREAS it is deemed expedient to that purpose it will be necessary to issue a debenture of the Township of North East-hope for the sum of Two Thousand Dollars as hereinafter mentioned, such debenture to bear interest at the rate of four per centum per annum and to be payable in twenty years as follows: on the day when this by-law shall take effect;

AND WHEREAS the amount of the said debenture is to be repaid by the said Township of North East-hope in the following manner: That the principal of the said debenture shall be repaid during the period of twenty years, as follows: by the aggregate amount payable for principal and interest in any year in respect of the said debenture shall be equal to what is payable for principal and interest during each of the other years of such period;

AND WHEREAS it will require the sum of sufficient to pay the said debenture and interest, and to provide for the redemption of the said debenture, the rateable property lying within that portion of the said Township hereinafter defined for the payment of the said debt and interest; AND WHEREAS the amount of the whole rateable property of the Township of North East-hope, according to the last revised assessment roll is the sum of \$150,000 and the amount of the whole rateable property within that portion of the said Township will be charged as hereinafter provided with the payment

of the said debt is the sum of \$50,000,000 according to the last revised assessment roll, and the amount of the whole rateable property of the said Municipality is the sum of \$1,000,000 of which no sum for principal or interest is in arrear;

AND WHEREAS the said debt of Two thousand Dollars is created on the security of the special rate levied by this By-law and on that security only.

BE IT THEREFORE ENACTED by the Corporation of the Township of North East-hope and it is hereby enacted as follows: 1. For the purpose of aiding the Berlin, Waterloo, Wellesley and Lake Huron Railway Company, the sum of Two Thousand Dollars shall be granted to the said company by way of bonus (subject to the condition hereinafter set forth) for the construction of the Township of North East-hope which may be defined as follows:

Concession No. 3474, from Wilnot boundary, to include lot number eleven; concession No. eight, from Wilnot boundary to lot number twenty-five; concession No. nine, from Wilnot boundary to lot number five inclusive; also concessions numbers ten, eleven, twelve, thirteen and fourteen inclusive.

2. For the purpose of raising the said sum of Two Thousand Dollars a debenture of the Township of North East-hope in the sum of Two Thousand Dollars shall be issued (subject to the condition hereinafter contained) which debenture shall bear interest from the date thereof at the rate of four per centum per annum payable yearly and shall be secured by the Reeve of the said Township and the Treasurer thereof, as shall be sealed with the corporate seal of the said Township.

3. That upon performance by the Company of the condition hereinafter contained, the said debenture shall be issued on the first day of March, 1904, and all moneys payable thereon shall be paid to the Treasurer of the Township of North East-hope in manner following: that to wit: the aggregate sum of eight per centum interest combined to be paid on the first day of February in each of the next succeeding nineteen years, such debenture having attached thereto a coupon representing such annual sums to be paid.

4. That for the payment of the said debenture and interest thereon there shall be raised annually during the currency of the said debenture the sum of \$11,111 by special rate sufficient therefor upon all the rateable property lying within the portion of the said Township herein before defined which rate shall be in addition to all other rates to be imposed.

5. That the said sum of Two thousand Dollars shall not be paid to the said Company until after the said Company shall have on or before the date hereinafter fixed for the issue of such debenture, completed the construction of the said railway in an substantial and thorough manner as the leading trunk lines of Canada from some point in the town of Berlin to some point in the village of Wellesley and an or before the said date shall be executed under its corporate seal and delivered to the said Municipal Corporation a proper and sufficient agreement with the said Municipal Corporation binding the said Company its successors and assigns to permanently maintain and operate the said railway for all the term of two years from the date of the said debenture, and which agreement shall be subject to the said Company to observe the following provisions:

(a) That the charges for carrying freight and passengers shall always be at as low a rate through the Township of Wellesley as on any other parts of the said railway, and the rate for freight and passengers shall not exceed the sum of two cents per mile on any part of the said railway.

(b) That the sugar beets grown within that portion of the township of North East-hope charged with the payment of the debt created hereby shall be carried over the Company's railway to the sugar factories at Berlin from convenient stations and sidings to be established by the Company in the Township of Wellesley at a rate not to exceed 35 cents per ton.

(c) That not less than four passenger trains shall be run each way on the said railway at regular schedule times on each lawful day (Sundays excepted).

6. No purchaser of the said debenture shall be bound to see to the application of his purchase money, but he shall be liable for the mis-application or non-application, but every such purchaser shall, upon receiving possession of the said debenture and paying the price agreed upon therefor, be and he shall hold to be the actual and bona fide owner and holder thereof and he shall not be affected by the provisions and conditions in this By-law contained.

7. This By-law shall take effect and come into operation on and after the first passing thereof.

8. That the votes of the qualified electors of the portions of the Township of North East-hope hereinafter defined shall be taken by ballot on this By-law pursuant to The Consolidated Municipal Act, 1903.

Tuesday, the Eighth day of March, 1904.

from the hour of nine o'clock in the forenoon until the hour of five o'clock in the afternoon of the same day at the places and at the deputy returning officers hereunder specified, that is to wit:

Polling place; Hampden school house; J. D. Fisher, Dep. Returning Officer.

9. That the clerk of the said Township shall sum up the number of votes given for and against this By-law at the Glen Allan, in the County of Wellington, North East-hope, on the Ninth day of March 1904, at the hour of two o'clock in the afternoon.

10. That the Reeve of the said Township shall attend at the Clerk's office in the said village of Appleton and Township of North East-hope on the first day of March, 1904, at the hour of two o'clock in the afternoon to appoint persons to attend at the polling place and at the final summing up of the votes by the said Clerk respectively on behalf of persons interested in and opposing or opposing the passage of this By-law respectively.

Finally passed after the assent of the ratepayers at the Council Chamber at the Township of North East-hope the 10th day of March, 1904.

Clerk. Reeve.

NOTICE.

The above is a true copy of a proposed By-law which has been taken into consideration and which will be finally passed by the Council of the Township of North East-hope in the event of the assent of the electors to be obtained thereon on the eighth day of March, 1904, and the said By-law shall take effect on the day for taking the votes of the electors, the polls will be held.

J. D. FISHER, Clerk.

W. H. BROWN, Reeve.

FARM FOR SALE.

THE executors of the estate of the late John Fisher offer for sale the farm on the west border of Wellesley village being lot 14 and comprising 52 acres. Good stone barn and other outbuildings. Well watered. Apply to— JOHN KAUFMANN, LOUIS FLEISCHMAYER, Executors, Wellesley.

Greeting. A Happy New Year to all. Just Arrived—Heaps and Stacks of Candies and Nuts. Fresh and Cheap. Some lovely Specialties in Bon-Bons and other Package Goods, for X-mas presents. Citron Peels. Nothing nicer ever been in town. GROCERIES as usual. Always the best. H. K. FORLERS. Wellesley, Ont.

NEW MACHINE SHOP IN WELLESLEY

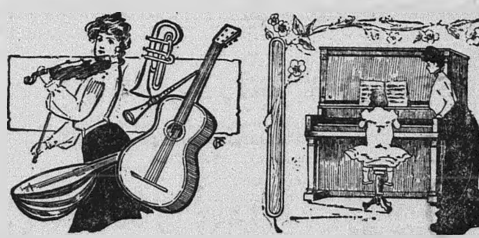
I have sold my chopping mill and have installed in its place a plant for

Repairing Farm Machinery, Implements, Engines etc., and general Ironwork.

Shutting, Pulleys, etc., supplied or repaired.

JOHN S. ZEHR. WELLESLEY ROLLER MILLS. Have you tried our new Breakfast Food, called "WHEAT GERM." Satisfaction Guaranteed.

CHOPPING---5c. per bag in the future as it has been in the past. Our new "Excel" process chops the grain and the hull together so that the animal eats it All. FRED. DEBUS, Manager.



Everywhere in the world PEOPLE KNOW There never were better Sewing Machines made than the New Home, and the Wheeler and Wilson. The highest grade, the highest speed, the the easiest worked, the most durable.

For sale at FARM FOR SALE. WANLESS' Music Store, No. 20, King St. W. Ont. WANLESS' Music Store, No. 20 King St. W., Berlin, Ont.



exercise, increases the resisting power.  
Moderation is Food.

"Great moderation in the amount of food, and especially of the most nourishing articles (flesh food and pulses), ought to be practiced by everybody, particularly by old people, and is a great aid to longevity. Almost all the diseases which are agreed on the subject that in old age the amount of food ought to be very limited. Dr. George Cheyne, for instance, says in one of his books: "The aged should lessen the quantity and lower the quality of their food gradually as they grow older, even before a manifest decay of appetite forces them to it. An important subject constantly preached but almost as constantly neglected is thorough mastication. Many forms of indigestion, many states of imperfect nutrition of the whole body are caused by bolting the food. Nothing ought to be swallowed until it has been perfectly comminuted by mastication, and by the admixture of saliva. Combined with the fault of bolting is often that of washing down the food before it is properly masticated. This is likewise a care to be taken, committed frequently by great eaters and by those who take much fluid during meals, which is in itself a bad habit.

"Alcohol is not necessary to healthy persons, and most men would be better without it. Many diseases are no doubt produced by the abuse of alcohol. Yet a small quantity of wine or whiskey, or cognac, or beer, according to the individual conditions, is to most persons not injurious, is to some even useful.

**Alcohol and Tobacco.**

"A very prevalent idea with regard to alcohol is that it is most useful to aged people, in fact, that wine is the milk of old people, that it does for them what milk does for children. Alcohol taken in any large quantities diminishes the resisting power of the organism against chills, microbes, and other causes of disease, and this resisting power is one of the great agents in the prolongation of life, and ought to be strengthened in every possible way, not weakened.

"Tobacco is to many persons a means of enjoyment, and is well known by them if they take it in moderation. It soothes nervous irritability and makes many men look more contentedly on their troubles. On the other hand, however, smoking is decidedly injurious to the great majority of people by affecting the heart, the nerves and the brain. In many cases diminution of the amount of smoking, or the milder form of tobacco remedies the bad effect, while others must give it up entirely.

"A further point of self-education is the restraint of our passions, not only that we must not allow ourselves to become furious if anything displeases us, but we must also control our ambition, our pride, our jealousy, our sexual desires, which often become the sources not only of unhappiness, but as you know, of bodily and mental disease, premature death or miserable old age.

"Attention to the digestive system and food is almost as necessary for the promotion of longevity as to the circulatory and respiratory systems. It is impossible to lay down strict rules.

**Some Conclusions.**

"The main points of my advice may be comprised in a few sentences: "Moderation in eating, drinking and physical indulgence. "Pure air out of the house and within.

"The keeping of every organ of the body as far as possible in constant working order. "Regular exercise every day in all ways, supplemented in many cases by breathing exercises, and by walking and climbing tours.

"Going to bed early and rising early and restricting the hours of sleep to six or seven. "Daily baths or ablutions according to individual conditions, cold or warm, or warm followed by cold. "Regular work and mental occupation.

"Cultivation of placidity, cheerfulness and hopefulness of mind. "Employment of the great power of mind in controlling passions and nervous fear. "Strengthening the will in carrying out whatever is useful and in checking the craving for stimulants, narcotics and other injurious agencies.

"In laying down these precepts I wish not to create a life of privation, but to promote a long life and a useful and happy one to the end without suffering, and I can assure you that it has been my good fortune to succeed in a great many cases."

**Dear Covered With Human Hts.**  
The historic Fyx Chapel, in Westminster Abbey, the massive door of which is a familiar object in the dark cloisters, is about to be lighted by electricity and thrown open to the public. The chapel is now under the control of the office of works. At one time it was the depository of the regalia of the Scottish kings, and it was here that the famous robbery of the £100,000 which had been collected for the Scotch wars by Edward I. took place.

The nature of the concession to the public may be inferred from the fact that access to this remarkable apartment, with its double doors of oak,

# There's Money In It For You!

It may appear early to purchase your Spring Requirements, such as White and Grey Cottons, Flannelettes, Shirts, Cottonades, etc., but ALL COTTON GOODS have advanced from 15 to 20 per cent. at the mills. As a natural result mercantants are compelled to obtain higher prices.

We are particularly fortunate in having a heavy stock BOUGHT AT THE OLD PRICES. While this stock lasts we purpose giving our customers the benefit.

Come Early and Save Good Money.

## Reiner Bros. & Co.

### THE WILD BIRD.

When the Naturalist Gets a Chance to Study Him at Close Range.  
For the greater part of the year fear is the dominant instinct in the life of nearly every wild bird or mammal which has to contend with man or overt enemies of any kind. But with the periodic revival of the reproductive functions profound changes occur not only in the bodily parts, but in the instincts which govern their movements and life. The parental instincts, which are essential to the generation and successful rearing of the young, begin to assert themselves and by blocking or supplanting the sense of fear hold them to the focal point—the nest and later the young—during the period when parental care and even parental sacrifice is necessary.

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